

Dorchester on Thames – A Towards Zero Waste Place.

Back to Basics – Cooking Workshop

Saturday 20th March – 11.30pm to 2.00pm Dorchester Village Hall

BOOKING FORM

Please could you complete the form to secure your free place on the course and return it to School Cottage, 9a Queen St (opposite school with swing in front garden) by 10th March. Thank you.

The workshop includes cooking a main course, pudding and biscuits which we will then eat together whilst Emma and Paul from the “Love Food Hate Waste” campaign will give a talk on how to save money on food bills.

Name _____

Address _____

Telephone _____

Email _____

To get an idea of how best to structure the workshop please could you answer the following questions. Thank you.

How often do you cook a meal from fresh ingredients?

Every meal Most of the time Sometimes Never

If you are buying convenience food what would it normally be?

(e.g. biscuits, cake, ready meals etc)

How often do you make a meal from leftovers?

Regularly Sometimes Never

What do you hope to achieve at this workshop?

Thank you

All cooking equipment and ingredients will be supplied but if you do have any brown bananas please do bring them along.

Thank you to Ilja Harvey from Pudding Pie Cookery School www.puddingpie.co.uk and to the ladies from Dorchester W. I.